



Number of Meals Shared to Date:

16,718,495

(As of September 30th, 2012)

Mfangano Island, Kenya

New Recipient Sites On Islands on Lake Victoria

TABLE FOR TWO began supporting school meal programs on Mfangao and Rusinga Islands on Lake Victoria in western Kenya in January of 2011. Every day, warm mid-day meals are provided to roughly 590 children at one primary school on Mfangano Island and two schools on Rusinga Island.

Kenya is an economic powerhouse in East Africa, and its GDP – with the exception of 2008 and 2009 – has been growing at an annual clip of 5% over the past 10 years. However, in May of this year, the government announced a food shortage as a result of a severe drought. In a nation where the agricultural sector constitutes 60% of the workforce and 30% of the GDP, a downturn in this sector has a significant impact on the economy as well as on the lives of its people.

On both Mfangano and Rusinga Islands, the vast majority of the population is engaged in fishing or subsistence agriculture. Electricity infrastructure and medical facilities are lacking as it is removed from mainland Kenya.

At the schools supported by TFT, meals consist of *ugali* (the staple maize/corn meal), along with locally harvested vegetables, beans, fruit, as well as fish from Lake Victoria. The school meals provide students with much needed nutrients and act as an incentive for parents to send their children to school.



A Message From Lewie

Lewie is a 6 year old girl from Mfangano Island, and lives with her mother and four siblings. Until recently, Lewie and her family often skipped dinner and went to bed with an empty stomach. The introduction of the school meal program has dramatically changed her life. Lewie recently sent a message to us:

"I am now healthy and strong because I eat well during school days. I am very happy and I want to continue with my education."

-What is TABLE FOR TWO (TFT)? -

TFT partners with cafeterias and restaurants, designating a healthy, slightly low calorie TFT meal. The reduced calories are monetized and 25 cents per meal is donated and used to provide one school meal in Uganda, Rwanda, Ethiopia, Kenya and Tanzania.

From Masa Kogure, Executive Director of TABLE FOR TWO

Thank you for your continued support of TFT. The projects in Mfangano and Rusinga are a collaboration with a U.S.-based NGO called Kageno. We have been working with Kageno since 2010, providing school meals in Banda village in Rwanda, where significant progress has been made both in terms of the nutrition of the students as well as attendance and performance in school. We hope to replicate this success in Kenya.



Republic of Kenya

- **Capital:** Nairobi
- **Ethnic Groups:** Kikuyu (22%), Luhya (14%), Luo (13%), etc.
- **Languages:** Swahili and English are the official languages

As a hub and gateway for trade and commerce in East Africa, Kenya is the dominant economy in the region. It is also leading the way for regional cooperation through the East African Community (EAC).

