

TABLE FOR TWO Site Report

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Greetings! I visited the village of Ruhira in Uganda. The last time I went there was 14 months ago. The school meal program has turned out to be a success and I was impressed to see children with an enriched school life and bright smiles.
(Masa Kobure/TFT International, CEO)

Donation total (as of July 31, 2009)

1,500,539 meals

Approximately 6,820 children can have school meals for one year.

School meals affect both the children and the village

One year since the first visit

Steady progress is being made

I will report from Omwichamba elementary school where I visited during the stay in Uganda.

【Growing bodies and hearts】School meals provide children with 70 percent of the vitamins needed per day. Children are now able to obtain half of their energy requirements every day through these meals. They need not only rich nutrition, but also healthy minds, which are likewise nurtured by the school meals. Since the inception of the school meal program, students are notably more settled and able to learn without the distraction of hunger, according to teachers.

【Sense of accomplishment through study】Children who did previously attend school are now once again drawn to schools, on account of the meal program. Hard-working students who used to return home for lunch are also now able to join the other students at school lunches. They are thus able to attend afternoon classes without being late. For these reasons, the school meal program is not only helpful with respect to nutrition, but also in its fostering greater opportunities for study.

【Changes seen in teachers and parents】The faces of teachers are glowing as they describe students' attitudes toward learning since the inception of the school meal program. This has also inspired greater motivation toward teaching. Finally, parents who did not previously prioritize their children's education are now more enthusiastic than ever about learning and school.



Smiling faces everywhere during lunch time



Children learn about the value of nutrition as they are taught how to raise cabbage.

Agriculture and the planting program, initiatives begun by school meals

Omwichamba elementary school now has plants and vegetable farms on campus. Students grow a variety of crops and cook them for school meals, teaching them good agricultural practices and the value of nutrition. Firewood (used for fuel) is also grown and harvested here. Excess crops are sold, providing greater funding to meet the schools' operation costs. In this way, the school meal program has created many new opportunities for individual independence and a communal commitment to education.



【Information on Uganda】

- Area : 240,000km²
- Population : 33,000,000
- Capital : Kampala
- Language : English, Swahili



What is TABLE FOR TWO? TABLE FOR TWO aims to create a win-win situation for participants by preventing metabolic diseases in the process of choosing healthy meals, while concurrently providing food for children in developing countries.

To what places does Table for Two currently provide aid?

Currently, Uganda, Rwanda, Malawi are the 3 countries to which we provide support. We are planning several projects for expansion.