

TABLE FOR TWO Site Report

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Greetings! Thank you very much for consistently supporting TABLE FOR TWO. This issue is from a report on my last visit to Malawi. The mothers of the children have been working hard to provide school lunches.

Masa Kogure/TFT International, President & CEO

Donation Total (as of January 30, 2009)

646,387 meals

approximately 3000 children can have school meals for one year

Report from Malawi

Mothers hope lunch will lead to a blight future for their children

Mothers help preparing daily meals for the children. They aim to manage school meal by themselves eventually, collaborating with communities in villages. TABLE FOR TWO and other organizations provide ingredients, such as corn powder and facilities where the meals are made. They take turns in each step of the process to produce the meal such as fire building, cooking, serving, clean up and drawing water. Corn powder is cooked together with soy bean power which adds nutritional value.

Going to a river far away to draw



Cooking



Distributing



Cleaning up



“Since school food service started, children have become more active and can concentrate on studying,” One mother said. As their academic ability improves, the dream to go to a secondary school* becomes a reality. Students in secondary schools act as role models by encouraging other students to study. The mothers hope that their children will be able to escape from poverty and live better lives in the future through education.

School lunches bring smiles and a brighter future

In Malawi, they don't have the habit of eating Posho, which is provided as school lunch in Uganda and Rwanda. They do mush with the same ingredients instead.



←Cooking corn powder enhanced its nutritional value

Students must have a certain level of academic ability to move on to secondary schools in Malawi. Students who are able to attend secondary schools have proven to be more successful and become heroes in their villages.

Basic information on Republic of Malawi

- Area: 118,000 km²
- Population: 13,920,000
- Capital: Lilongwe
- Language: Chichewa, English, etc.
- Ethnicity: Chewa, Bantu, etc.
- Profile: Malawi is now a multi-party government, where up until 1964 it was a single-party government controlled by Britain.



What is TABLE FOR TWO?

TABLE FOR TWO aims to create a win-win situation for participants by preventing metabolic diseases in the process of choosing healthy meals, while concurrently providing food for children in developing countries.