Thank you very much for supporting TABLE FOR TWO. 25 cents from your lunch will be donated overseas and used to provide school meals for children in Africa. I visited an elementary school in Ruhira, one of our supporting villages in Uganda. Below is my report from our visit.

Masa Kogure / TFT International, President & CEO

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Impact of school meals

Mrs. Bonabana, the school principal at Nyampikye elementary school said that less children have been coughing since the school meals have been provided. She also mentioned that the children's basic physical strength has increased. Children in other schools who cannot eat school meals do not have classes in afternoon but in Nyampikye elementary school, thanks to the school meals, children are able to attend classes in the afternoon, improving their academic performance.

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What does 25 cents lunch look like?

Currently we are providing "POSHO", typical African meals made from cone flour with boiling water along with a bean and vegetable stew as school meals. To make this meals, we get the ingredients from the local farmers. We use a program called "payback", where we provide seeds and fertilizer to the farmers, and in return they provide us with a portion of their harvest. However, due to inflation in fuel prices, the volume of payback materials have decreased. We are also facing the problem of maintaining the current level of meals due to a lack of some of the cooking resources, such as water and firewood. Because of this, some of the schools that we support are trying to change the meals to lower cost biscuits to meet nutritional needs.

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We are currently providing meals in three countries in Africa, Uganda, Rwanda, and Malawi. We are planning to extend our program to other regions with your support.

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Your opinion counts! ✉ info@tablefor2.org