Our Mission

In our world of 7 billion, 1 billion are hungry, while a roughly equal number suffer from obesity, diabetes and other health issues related to “overnutrition.” TABLE FOR TWO rights this global food imbalance by addressing these opposing issues through a unique “calorie transfer” model.

How It Works

TABLE FOR TWO (TFT) partners with corporations, schools, restaurants and consumer products, designating a healthy, slightly low calorie “TFT meal.” The reduced calories are monetized and the equivalent of US$0.25 per meal is donated to provide one school meal in East Africa, Southeast Asia and other regions in need.

#2 Customer

Orders one of the TFT options and enjoys a healthy meal

#1 Menu

Cafeteria or restaurant menu contains healthy TFT options

#3 Donation

A percentage of the meal cost is donated to TFT

#4 Recipient

A child in need receives a healthy school lunch
ACCOMPLISHMENTS

More than **35 million** school meals provided to date (as of August 2015)

TABLE FOR TWO AROUND THE WORLD
- Global expansion of the TFT program -

- TFT program implemented
- Events organized

- USA
- Norway
- Netherlands
- Switzerland
- Taiwan
- Japan
- Vietnam
- Philippines
- France
- Italy
- Korea
- Hong Kong
- Saudi Arabia
- UK

More than 35 million school meals provided to date (as of August 2015)
The TFT program has been adopted by over 700 partners globally, including participants in Japan, the U.S., Saudi Arabia, the U.K., Norway, Hong Kong.

**CORPORATE CAFETERIAS**
**Effective & Highly Visible CSR**
Enables employees and customers to easily participate and contribute to a cause within their daily lives.

**SCHOOL CAFETERIAS**
**Students Lead the Way**
Students from elementary school through university can gain hands-on experience growing a social business and performing community service.

**Restaurants**
Connect with customers by promoting healthy options that feel and taste good!

**Grocery Stores**
Healthy snacks and to-go meals designated as TFT available at grocery stores.

**Vending Machines**
In response to demand for TFT outside the cafeteria, we introduced TFT vending machines, serving healthy meals and snacks.

**INTERNET MAIL-ORDER**
Participate in TFT from the comfort of your home! Oisix carries TFT products ranging from mineral water to vegetable juice, tofu and bagels.

**Recipe Site**
One healthy recipe uploaded onto the Rakuten Recipe website - a platform for sharing recipes - translates into a one meal donation.

**TABLE FOR TWO**
ON THE OTHER SIDE OF THE TABLE
- Healthy and nutritious meals for children in sub-Saharan Africa, Southeast Asia and the U.S. -

AFRICA
TRANSFORMING EDUCATION AND THE COMMUNITY

The US$ 0.25 donation is used to provide one school meal in 5 countries in East Africa, including Ethiopia, Uganda, Rwanda, Kenya and Tanzania. The meals are nutritionally balanced, with a staple starch, local vegetables and a source of protein. School meals transform education by keeping students in school, encouraging the community to prepare school lunches and stimulating the local economy through the purchase of local produce.

ASIA
CREATING CHANGE IN MYANMAR AND THE PHILIPPINES

TFT meals are now served at school in Myanmar and the Philippines. In addition to the nutritious meals, the program includes an educational component through the support of school gardens. TFT meals are also served in rural China.

NORTH AMERICA
PROVIDING HEALTHIER SCHOOL LUNCHES

Roughly 50 million Americans live in food insecure households, including 16.7 million children. TFT USA launched a program to help bring healthy meals to underserved schools in the U.S. The US$0.25 donation allows schools to provide a much healthier alternative to the traditional school lunch.
Since our inception in 2007, TFT has grown by leaps and bounds. We will continue our global outreach so that one day, TFT will be synonymous with healthy eating and contribution through food.

2008 LAUNCH OF CAFETERIA PROGRAM
TFT’s concept was conceived in 2007, with our first trial participants and nonprofit registration. The cafeteria program began in earnest in 2008. With the start of the metabolic syndrome check-up requirement in Japan, TFT takes off.

2009 START OF WORLD FOOD DAY CAMPAIGN
October 16th is World Food Day. We launched our “1 Million Itadaki-masu” campaign to serve 1 million TFT meals and just as many school meals. The campaign spurred restaurants and retail stores to adopt the TFT program.

2010 EXPANSION OF SCHOOL MEAL PROGRAM
With the program growing in Japan, we were able to expand our school meal program to Ethiopia and Tanzania. We started our first school garden program.

2011 TFT@HOME
TFT@Home allows you to participate from the comfort of your home. Programs include a recipe book full of TFT meals, an iPhone app to track your diet, and Rakuten Recipe, which sends donations for every healthy recipe uploaded.

2012 FROM JAPAN TO THE WORLD
The social enterprise founded in Japan expands globally. Local teams were assembled in places like the U.S., Norway, and Hong Kong, getting ready for the global launch.

2013 LAUNCH OF THE SUPPORT IN MYANMAR
TFT started supporting school garden programs in Myanmar as the first program in Southeast Asia to create greater access to quality food and improving the food production system.
**GENERAL INFORMATION**

- Official Name: TABLE FOR TWO International
- Founding year: 2007
- Classification: A Japanese certified non-profit organization
- Website URL: [http://www.tablefor2.org](http://www.tablefor2.org)
- Contact: info@tablefor2.org
- TABLE FOR TWO was initiated by and is an official affiliate of the Forum of Young Global Leaders, The World Economic Forum

**BOARD OF DIRECTORS**

**MASA KOGURE**
Schwab Foundation Fellow  
Founder, TABLE FOR TWO International  
Young Global Leader 2009

**CHIKARA FUNABASHI**
Chairman, Will Seed Company ltd.  
Young Global Leader 2009

**KOHEI TAKASHIMA**
President, Oisix Inc.  
Young Global Leader 2007

**SHOKEI SUDA**
President, Enigmo Inc.  
Young Global Leader 2012

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A member of the House of Rep.  
Young Global Leader 2005

**KUMI FUJISAWA**
President, Sophia Bank  
Young Global Leader 2007

**HIRONORI SEKO**
Deputy Chief Cabinet Secretary  
A member of the House of Councilors

**KEI’ICHIRO ASAO**
A member of the House of Rep.  
Young Global Leader 2005

**KOTA MATSUDA**
A member of the House of Councilors  
Young Global Leader 2007

**AWARDS**

2012 Top Philanthropists (Forbes magazine)  
Schwab Foundation for Social Entrepreneurship:  
Asian “Social Entrepreneur of the Year 2011”

2013 The Asian Awards, Social Entrepreneur or the Year

2014 Kiwanis International Awards, the World Service Medal