Top) TFT Korea and “Mad for Garlic,” a popular restaurant chain in South Korea, kicked off a month-long campaign to donate school meals at 17 Mad for Garlic outlets in Seoul. 1) A once-a-year New Year’s “osechi” will be served TFT-style. Start the year off with a healthy feast for yourself and for someone in need! 2) A poster from TFT’s first partner in the Middle East - the Tamer Group - says, “A healthy meal… for you & them.”

TFT supports ancillary projects that complement school meal programs and help recipient schools and communities move towards sustainability. Thanks to the generous support of the Caterpillar Foundation, one such initiative launched in 10 different sites across Africa, using school, clinic and community gardens as “living classrooms” and promoting nutrition education. 9) Students at a school in Mwandama, Malawi, are eager to answer questions on Nutrition Education Day. 10) Estere Lafael says, “My teacher taught me about the importance of different types of foods during the day. I learned that foods have different vitamins that help us not to get sick.”

Number of meals shared to date (as of October 30th, 2013):

47,913,640 Meals

Asia & the Middle East

“When you dine at TABLE FOR TWO, you never dine alone.”

This Month’s Guest:

Tomoko Kobayashi
TABLE FOR TWO International

The end of 2013 is approaching quickly. I hope you will have a chance to get together with your families and friends over delicious and warm food. We’ll be expanding the program so that more and more children in Africa and Asia will be able to have warm and nutritious meals. When you dine at TABLE FOR TWO, you never dine alone.